

Code Name Insight Monthly Task List—September

**Disclaimer: The information provided on this page is for informational purposes only. Use common sense when following any of the suggestions listed. The editors and publishers of this site assume absolutely no responsibility for any actions resulting from the misapplication of information provided by this website.*

- ___ 1) Seek out natural food sources in your area (berry patch, lake for fishing, wild edibles, etc).
- ___ 2) Consider home schooling your children or at least knowing how to should the need arise.
- ___ 3) Find out what services your county extension office provides and take advantage of them.
- ___ 4) Build a greenhouse to extend your growing season.
- ___ 5) Expand your garden to include fruit and nut trees.
- ___ 6) Subscribe to a “back to the land” magazine (ie: Backwoods Home or Mother Earth News).
- ___ 7) Learn to tie a variety of knots.
- ___ 8) Get a vacuum food packager—it has a million and one uses.
- ___ 9) Always use good infection control practices—avoid the sick, wash your hands with soap and water regularly or use an alcohol-based waterless hand sanitizer, and don’t spread your own germs.
- ___ 10) Bake your own bread. Start with grain you have to grind yourself. Try making a sourdough bread from scratch (catch your own yeast) as well.
- ___ 11) Camp or backpack in a variety of environments: desert, jungle, tundra, etc.
- ___ 12) Take a wilderness first aid course.
- ___ 13) Consider installing a pond and raising your own fish.
- ___ 14) Learn archery.
- ___ 15) Disentangle yourself from any current situations that could be disadvantageous to your survival (illegal dealings, an affair, etc.).
- ___ 16) Always keep a low profile in everything you do: the way you dress, the way you spend money, the way you look, the way you talk, etc.
- ___ 17) Become familiar with naturopathic medicine; put together a naturopathic first aid kit.
- ___ 18) Practice making snares to catch small animals.
- ___ 19) Consider heating your home with wood. Install a wood stove; cut, split and dry your own firewood.
- ___ 20) Open an off-shore bank account.
- ___ 21) Get your home ready for winter—insulate pipes, caulk doors and windows, add other insulation as needed.
- ___ 22) Safely store enough fuel to provide at least two tankfulls of gas for your most efficient car.
- ___ 23) Keep up on local, national and international news everyday.
- ___ 24) Practice signaling messages back and forth with your family/team. Use Morse code, mirrors, smoke signals, hand signs, etc.
- ___ 25) Acquire enough funds to cover six months of living expenses ASAP.
- ___ 26) Go hunting. Learn to kill and process an animal for food.
- ___ 27) Make an “everyday carry packet” of items that you can easily carry with you and would be useful in an emergency.
- ___ 28) Always be prepared for new business or a better job—network, have on hand an updated resume and business cards, always dress professionally, etc.
- ___ 29) Develop a source of passive income.
- ___ 30) Keep a spare of things you use every day (spare glasses, spare watch, spare hearing aid batteries, spare laptop...basically anything you would be lost without).